

Media Release

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FOR IMMEDIATE RELEASE

Pōhakuloa Training Area 5K Run/Walk

PŌHAKULOA TRAINING AREA, Hawaii – Pōhakuloa Training Area is inviting the public to a 5K fun run/walk, June 5, at Liliuokalani Park in Hilo.

Commemorating the Army's 235th Birthday, this free event is open to all community members. Runners and walkers of all ages are welcomed. The first 75 entrants to sign up will receive a T-shirt.

The run begins at 7:30 a.m. After the run, a traditional cake-cutting ceremony will cap off the birthday celebration. All are welcome to attend the cake cutting celebration

Registration forms are available at PTA, Spencer Fitness Center in Hilo, Waiakea Recreation Center, and Hilo area Army National Guard and Reserve Centers.

To volunteer, register or for additional information, call Celso Tadeo, run coordinator, at 969-2401, or e-mail <u>celso.tadeo@us.army.mil</u>.